

United States Senate

Internship Program: U.S. Senator Ted Cruz

General Information

Senator Ted Cruz's Internship Program offers Texas students a unique opportunity to experience first-hand the inner workings of Congress. Each summer, there are two six-week sessions as well as full-semester internships in both the spring and fall.

Internships are available in our Washington, D.C., Austin, Dallas, Houston and San Antonio offices.

Intern activities include legislative research, administrative duties, communications department support, regional outreach and constituent relations, including assisting with phones and mail. Interns may also attend committee hearings, conduct Capitol tours and attend Senate intern lecture series. At the end of their session, interns will have had the opportunity to see how a Senate office works and better understand the United States government. Additionally, interns will participate in our unique reading program.

Priority is given to students either from Texas or students enrolled in a Texas school who have completed at least their sophomore year of college.

This is a highly competitive process. Due to the limited amount of space and resources available, there are usually more qualified applicants than positions available.

Interns are responsible for their own housing, food and transportation.

It is possible to receive internship course credit pending approval by the respective college or university, though we are unable to offer paid internships.

To Apply

Please send the following information to Megan_Packer@cruz.senate.gov

1. A cover letter detailing why you would like to be an intern in Senator Cruz's office
2. A one-page resume
3. Two letters of recommendation (letters may be emailed separately)
4. A college transcript
5. A one to two page college writing sample
6. Note which office you are applying to intern at

Due Dates

Summer internships: completed packets are due the first Friday in March

Fall semester internships: completed packets are due the first Friday in August

Spring semester internships: completed packets are due the first Friday in November

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Completed packets may also be mailed to our Washington, D.C. office, however, please mail your packet approximately three weeks prior to the due date to ensure ample time for it to get through security and screening. Emailing documents is recommended due to the slow mail process.

US Senator Ted Cruz
Attention: Megan Packer
404 Russell Senate Office Building
Washington, D.C. 20510

Any questions regarding internships in Senator Cruz's office should be sent to Megan_Packer@cruz.senate.gov